



HEALTHFORCE EDUCATIONAL FLYER SERIES

“HYPER IS NOTHING. SUBSTANCE IS EVERYTHING!”

INTESTINAL DRAWING FORMULA™*

Intestinal Toxemia

A healthy human intestinal tract contains the densest microbial community on Earth – 3 to 5 pounds of microbes dominated by “friendly” species like *Lactobacillus acidophilus* and *Bifidobacteria*. A healthy human also has 2 to 3 significant bowel movements per day – a level of function which is, to a large extent, a direct consequence of a healthy intestinal ecology.

Unfortunately, the Standard American Diet (SAD) is not conducive to intestinal health. A typical SAD meal is often overcooked (enzyme deficient), laced with various chemical additives (e.g., food colorings and preservatives), heavy on the gluten (a sticky, hard-to-digest protein found in many grains), full of fiberless foods like refined carbohydrates, sugars, meat, and dairy products. Such a meal does not digest well, and this is compounded by the fact that nearly half of Americans over 40 have poor digestion to begin with.

Poorly digested food is the perfect food source for unfriendly microbes like candida. Friendly microbes, conversely, feed on fiber. The low fiber SAD thus feeds unhealthy microbes and eventually results in a constipated state. Basically, if you are not experiencing the normal 2 to 3 significant bowel movements per day, you are eating more than you are eliminating. As uneliminated fecal material builds up in the intestinal tract, it serves as a food source for unfriendly microbes. This results in more constipation, and a vicious cycle ensues. Some alternative healthcare practitioners have estimated that the average American has about 10 pounds of uneliminated material sitting around in their intestinal tract, effectively maintaining an unhealthy intestinal ecology and inhibiting effective nutrient absorption and peristalsis (the musculature contraction that produces bowel movements).

Autointoxication

After years on the Standard American Diet, our intestinal ecology is no longer dominated by the friendly, lactic acid producing bacteria (e.g., *acidophilus* and *bifidus*) and is instead ruled by unfriendly organisms. This is how disease begins in our body. These ‘unfriendly’ organisms are labeled as such because the byproducts of their metabolism are toxic to us humans. Essentially, when our intestinal ecology is dominated by unfriendly organisms, or even slightly out of balance, we have a toxin factory in our gut, streaming poisonous chemicals 24/7 into our bloodstream – a condition known as autointoxication. As these toxins enter our bloodstream, they get funneled into our liver. After years of this condition, our liver is slowly overwhelmed and becomes toxic. Now our liver can no longer clean our blood properly, and the rest of our body thus becomes toxic. Also, as our liver becomes dysfunctional, its 500+ known metabolic functions become compromised, and our health begins to deteriorate.

Bowel Reflexology

In addition to the damage autointoxication creates in our bodies via the blood circulation, damage is also created at a distance via our nervous system. We have more nerve endings located along our GI tract than in our brain, and specific areas of our intestinal tract have a reflex effect on each one of our internal organs via these nerve endings. When our intestinal tract is toxic, chemicals secreted by unfriendly organisms stimulate these nerve endings in an unhealthy way and negatively influence the health of all our organs as a result. When we detoxify and improve health in our intestinal tract, we affect all other areas and organs of our body in a positive way via this reflex action. Truly, intestinal detoxification must be at the forefront of any protocol for improved health.

Intestinal Drawing Formula™

Intestinal Drawing Formula™ is the ultimate intestinal health support product. It nourishes, soothes, lubricates, and detoxifies as it moves through our intestinal tract, providing a number of important benefits:

Cleanses Intestinal Tract:*

- Mucilaginous, water-soluble fiber in slippery elm, nopal cactus, marshmallow root, flax meal, and kelp will soften any impacted fecal matter in our intestinal tract.*
- Oils in flax seeds also help to soften and loosen any uneliminated material present.*
- Bulking fibers (flax), and charcoal in Intestinal Drawing Formula™ (without psyllium that can irritate and cause bloating) sweep through our intestinal tract like a broom, helping to remove toxins and any old, uneliminated material which may be present.*

Supports the Health of Intestinal Walls:*

- Mucilaginous, water-soluble fiber in slippery elm, nopal cactus, marshmallow root, flax meal, and kelp coats and soothes intestinal walls, helping support a healthy inflammatory response.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

HEALTHFORCE: OVER 20 YEARS OF HARD-CORE, RAW,
VEGAN, WHOLE FOOD NUTRITION.

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- Kelp, one of the most nutrient-rich foods on the planet, helps provide nutrients necessary for restoring structural integrity of bowel walls.*

Helps Normalize Bowel Function:*

- Bulking fiber in flax meal and nopal cactus gives the bowel muscles something to work on, and they therefore get stronger.*
- Mucilaginous herbs provide lubrication for the intestinal tract, dramatically improving ease of elimination.*

Helps Reestablish Healthy Intestinal Ecology:*

- Mucilage fiber, of which there is an abundance in this formula, is excellent food for friendly bacteria.
- As intestines are cleansed of impacted fecal matter and bowel function improves, the food source for unfriendly microbes is removed, and friendly bacteria can begin to flourish.

Prevents Autointoxication:*

- Mucilaginous fiber (slippery elm, nopal cactus, marshmallow root, flax meal, kelp, and carob) and activated charcoal in this formula draw in and absorb toxins in intestinal tract, thereby assisting your body to eliminate and not reabsorb these poisons (a common, everyday occurrence for most people).*

Supports Liver Health:*

- Plantain leaf helps to cleanse liver.*
- Nopal cactus contains antioxidant flavonoids that help neutralize free radicals before they overtax the liver.
- As autointoxication is eliminated, stress on the liver is reduced dramatically.

The HealthForce Edge

- EcoFresh Nutrient Lock Packaging™ preserves medicinal properties of herbs through the expiration date.
- Energenesis™ Energetic Enhancements: • Magnetic • Vibrational+
- All ingredients are optimally dried for maximum life force.
- Adds beneficial bulking fibers without psyllium that can cause irritation and bloating.
- Unlike many other bulking fiber formulas, abundant quantities of mucilaginous herbs in Intestinal Drawing Formula™ make passage of feces easier and smoother, dramatically reducing potential for this formula to produce constipation.

Suggested Use: Start with one teaspoon/3 capsules (a partial serving) and work up to one level tablespoon/10 capsules per day. Drink with 8-16 ounces of water (preferably purified) or juice (ideally fresh). Lots of fluids are important due to the drawing nature of this formula. If more powerful bowel moving action is required, or you have a sluggish bowel, use with HealthForce Intestinal Movement Formula™. This product is not intended for pregnant/ nursing women or children under six.

Intestinal Drawing Formula™ will help the bowels move correctly. For some people, however, especially those with significant bowel restrictions/obstructions, the healthy bulking properties of Intestinal Drawing Formula™ can cause constipation. In this case, use Intestinal Movement Formula™ with Intestinal Drawing Formula™ in order to promote healthy bowel function. These two products are synergistic in their functions and work together to provide comprehensive detoxification of the intestinal tract.*

Note: Take this product at least 45 minutes before or 1-2 hours after meals or supplements. The high amount of fiber in this formula can bind with nutrients to prevent their absorption.

Suggested Adjuncts: HealthForce detox products: Intestinal Movement Formula™, SCRAM™, Vitamineral Green™, Vitamineral Earth™, and Liver Rescue™; a whole foods, plant based, high fiber, organic, Vegan diet with emphasis on fresh, high-water-content foods; fresh vegetable juices.

Supplement Facts		
Serving Size: 6.25 grams (1 level tablespoon or 10 VeganCaps™)		
Amount Per Serving		
Calories 25		
		% Daily Value*
Sodium	20 mg	1%
Total Carbohydrates	4 g	1%
Dietary Fiber	2.8 g	11%
Protein	1 g	
Vitamin C	3.2 mg	5%
Calcium	110 mg	11%
Iron	2.5 mg	14%
Ingredients:		
• Flax Seed∞ • Slippery Elm Bark◊∞ • Marshmallow Root◊∞ • Nopal Cactus (Whole Leaf)∞ • Carob Pod∞ • Kelp◊∞ • Plantain Leaf† • Activated Charcoal∞		
*Percent Daily Values are based on a 2,000 calorie diet † Daily Value not established		

Other Ingredients: VeganCaps™ (fermented tapioca)
◊Organic ∞Wildcrafted ∞TruGanic™

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